

## **Human behavior and the virtual model of the world in our minds.**

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It is easy to explain our own and other people's behavior if we accept it as an axiom that we have reason. Since the activity of the mind, the emergence and functioning of consciousness is a secret behind seven seals, and when you read explanations and various theories, you understand that this is just a "foggy curtain", and nothing more...

If we accept that a person, for some reason, has a mind, then everything is simple: he creates his own model of reality in his head and all his actions are modeled in his own virtual reality. Psychic too. We literally have a matrix of the world in our heads. This is easy to demonstrate. For example, you want to walk around a room. Before the first step, in your head you have already modeled a room, imagined how you are going. That is, you have created a virtual reality of your future actions in your mind. And further, you simply compare your model to reality (as you go). This is how learning happens: the more accurately your virtual reality displays the world, the more successful and powerful you will be. Moreover, this applies to both mental activity and material. When interacting with other people, you create a virtual image of them in your head, and first you model your behavior on it, and then you check it in reality.

It is interesting that something like this happens in computer games from a specific character: a character creates a game during the game, as we create an ever more perfect virtual reality of the world in our head during the course of our lives. It is even more surprising that our brain displays the real world around us at a certain resolution, like a tuned graphics card. For example, you are looking at a forest from a distance of 300 meters. Your brain averages the picture and you see the general green foliage (you cannot distinguish individual leaves). This is done due to the saving of resources, since with a higher resolution of the brain, you would easily see each separate leaf and line on each leaf, but then you would not be able to adequately respond to the world, since the brain would be completely loaded with processing video information. This is how some drugs work, they change the resolution of the brain.

The most correct way to describe how a person interacts with the world is to imagine us as avatars in the real world (similar to the movie Avatar). But then it turns out that our consciousness, or our true self, does not belong to the real world... That is, we come to typical idealism. And this already contradicts the scientific worldview, since our Universe exists objectively and independently of us. That is, there is no world of ideas.

Therefore, in order to understand at least a little how consciousness works and arises, it is necessary to somehow create mind and consciousness. Man-made. Moreover, it is absolutely not important whether the carrier of the artificial consciousness is biological or it will be "software". It is important that we can create an artificial independent consciousness. Further, it will already be possible to find out and clarify something, and before that everything will be described in rather vague formulations.